

## **10<sup>th</sup> Global RCE Conference**

### **RCEs Engagement with Sustainability Processes**

Yogyakarta, Indonesia



UNITED NATIONS  
UNIVERSITY

**UNU-IAS**

Institute for the Advanced Study  
of Sustainability

### **Session 6-2: Thematic Discussion - Health**

13:00-15:00, Thursday, 24 November 2016

Moderator: Unnikrishnan Payyappallimana (UNU-IAS)

Facilitator: Huberto Zanoria (RCE Cebu)

#### **Key Discussion Points**

1. Mental health /double burden of disease and the family's/community's social support
  - the role and knowledge of traditional herbalists and identification of herbs with medicinal properties
2. Urban health including issues on hygiene and sanitation
  - lifestyle changes which result in increasing health issues such as diabetes and hypertension
  - disaster preparedness and health
3. Food technology (chemical based instead of organic/traditional food ) and the use of antibiotics

#### **Key Action Points**

1. Information, Education and Communication (IEC) for health promotion in both rural and urban communities - with emphasis on traditional knowledge on health and support to preventive/community-based health care.
2. Health Advocacy at both local (via local government units) and mid-levels (regional and provincial offices) on areas like training of community health volunteers and resource allocation with focus on primary health care.
3. Involvement of community residents and other health stakeholders.