

Session 6.1: Sustainable Consumption and Production
24 November 2016, 8:30-10:30

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Rob O'Donoghue - Cases of analysis

- Look at the engagement between since and the societies, universities and communities
- Community development and transformation
- Problem of modern bread in Africa- instead of having corn bread they are having processed bread.
- Factory bread was not healthy so working with local baker, they worked on how could they make daily bread together. Handmade bread. Now here are 3 bakers making and people stated baking bread for themselves.
- Development of care centers for children. The parents didn't have the money for children to attend the centers. If the parents couldn't pay for the care center, they could make some food bags to keep food hot without electricity. This way they didn't have to pay for electricity at the beginning of the month, which sometimes they lacked of the money to pay for.
- Women needed to get paid in exchange of their time, so they didn't have to pay for the children's care. They also felt useful

Conclusions

- Sustainable production is about learning and doing and applying creativity to obtain benefits.
- It is important in our RCE's to implement programs that make them feel part of things and give them freedoms

Carolina Lopez - Activity

- Deep Consumption
- Consumption on a daily basis

What is our daily, weekly, and deep consumption?

- Some start with creating awareness on our daily house consumption; promote recycling and less use of light and water. Household compared to others.
- Then compared to the community
- What type of things we consume, how sustainable are they.
- Think about the sources of what we consume. What is satisfaction
- The system of production and consumption is against satisfaction. The system creates an idea of dissatisfaction in order to consume more.
- Production is increasing and happiness is decreasing
- Genuine needs: food, shelter, food, drink
- Discuss the real definition of happiness vs. consumption
- Production: How much I consume and how much I produce?
 - Ecosystem services
 - Do not harm others and life itself
 - Using circular economies and sufficiency economy where we consume and we give back
 - How do we use things, where do they come from and where do they go to.
 - How can we shorten costs on the producer to consumer
- Sustainability commons in & as RCE

Conclusions

- Need to deconstruct consumption patterns
- Awareness on the real consumption: expected consumption, actual consumption, needed consumption
- Using circular economies and sufficiency economy where we consume and we give back. Living in harmony with nature
- Beyond recycling. Build sustainability into products plus product cycle
- RCE addressing human discontents as moderator
- We need open spaces for people to deal with issues of their concerns
- Consumption as a motor of development
- Recycling patterns based on regions